

# Urobery™

Cranberry fruit extract 400 mg

## Composition

**Urobery™ Syrup:** Each 5 mL Urobery Syrup contains Cranberry Fruit Extract (*Vaccinium macrocarpon*) 300 mg.  
**Urobery™ Capsule:** Each capsule contains Cranberry Fruit Extract (*Vaccinium macrocarpon*) 400 mg.

## Description

Cranberry (*Vaccinium macrocarpon*) is a native North American plant commonly used for reduction in urinary tract infections (UTIs) occurrence and kidney stone management. Cranberry reduces the need for repeated antibiotic use in the treatment of recurrent urinary tract infection. Bacterial adherence to mucosal surfaces is generally considered to be the initial event in the pathogenesis of most infectious diseases due to bacteria in human such as UTIs. Cranberry inhibits adherence of bacteria to the lining of the urinary bladder and urethra. At higher dose it also works as a urinary antiseptic and reduces incidence of stone formation. Recent publications show as much as 65% reduction in UTI with cranberry consumption leading to reduced use of antibiotics and reduction in the number of incidences of recurrent cystitis.

## Indications

**Urobery™** is indicated for –

- Treatment and prevention of Urinary Tract Infections
- Helps to remove Kidney Stones

## Dosage & Administration

**Urobery™ Syrup:** 2-4 spoonful (10-20 mL) daily before meal or as directed by the physician. It can be diluted in a glass of water if required. Shake well before use.

**Urobery™ Capsule:** 1-3 capsules daily or as advised by the physician.

## Side-effects

Well tolerated in recommended dose. Occasionally diarrhea or mild gastrointestinal upset may occur at high dose.

## Contraindications

Potential contraindication of cranberry may be present with renal insufficiency and in persons with the potential for developing uric acid or calcium oxalate stones.

## Drug Interactions

No known interactions with antibiotics or other drugs. Cranberry enhances vitamin B<sub>12</sub> absorption, which is useful for patients taking proton pump inhibitors.

## Pregnancy & Lactation

No known restrictions during pregnancy or lactation.

## Storage

Store below 25 °C, Protect from light & moisture. Keep out of reach of children.

## How supplied

**Urobery™ Syrup:** Each Amber PET bottle contains 100 ml of Urobery syrup.

**Urobery™ Capsule:** Each box contains 30 capsules in Alu-Alu blister pack.

Manufactured by  
**SQUARE PHARMACEUTICALS PLC.**  
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